

Mentoring Activity List

Life Skill

Set up your mentoring goals together for your relationship over the next year.
Journal together recording your experiences together (what you learned, challenges).
Bring your protégé to work and take a tour of your job facility.
Plan a mock budget together or show them how to use a checkbook.
Plan a vacation together imaginary or real.
Write a thank you letter together to somebody you both know and respect.
Let your protégé teach you how to do something (video games, board game, etc.).
Go to a tasty restaurant together (help your protégé with proper manners).
Start a project together (plant a garden, fix and car, work on a model car, etc.).
Buy 10 shares of stock in an inexpensive company that he/she will recognize and watch it make or lose money.
Wash a car together.
Role-play meeting new people so your protégé will have more confidence in what can be an unfamiliar situation.
Take him/her with you when you vote and explain why you selected the candidates you did.
Go on a tour together of a local business you are both interested in learning about.
Teach him/her the proper way to answer the phone.
Learn CPR and first aid together.
Teach him/her how to operate a washing machine and to sort and fold clothing.
Teach your protégé a clean joke he can share with his/her friends.
Using play money, show your protégé how to budget.
Learn how to fix your bikes.
Work on home improvement projects together-painting, wallpapering or remodeling a spare room.
Teach your protégé how to mow and service a mower.
Talk about how to interview for a job and conduct a mock interview.

Crafts

Together, write a family newspaper for friends and relatives.
Design a Christmas card together.
Paint graffiti on the walls of a room a few days before it is to be repainted.
Finger paint with chocolate, lemon, or strawberry pudding.
Make Maracas by covering light bulbs with layers of paper mache. When they dry gently break the glass and paint them.
Work together to make a collage of your protégé's life with pictures cut from magazines.
Paint an original t-shirt for a special occasion.
Ask for an art show of your protégé's masterpieces.
Make a calendar of the big events of his/her year.
Glue a log cabin together with Popsicle sticks.
Watch a potter throwing a clay pot on a wheel.
Make notepads or letterhead imprinted with your protégé's name.
Paint an old piece of furniture.
Build a piece of furniture together.
Assemble a model or bookcase.
Maintain a scrapbook of all the things you do together.
Create a bead necklace or bracelet.
Decorate a sidewalk with chalk.
Get some lumber, hammer, and nails, and encourage your protégé to be creative.

Academics

Help out with homework or help them organize their schoolwork.
Read a book aloud together on a subject of interest (cooking, hunting, biography).
Visit a local College campus.
Look up and view words in a dictionary.
Use a globe to locate friends, travel destinations and current event locations together.
Go to the library together and read or work on homework.
Research an important event or issue at the university.
Teach him or her a big word.
Put colored water in a two-liter bottle. Connect another to it like an hourglass and turn it over. Give it a swirl and you will create a tornado in a bottle.
Read biographies of people who did great things and let your protégé know they have similar potential.
Learn to program a computer in basic language.
Using the letters from a long word, see how many words you can create.
Get a chemistry set and perform your own experiments.
Learn ten new words in a foreign language.
Tell each other a story. Start by giving the other a starting sentence, such as "I was walking to school the other day when I saw....."
Go to your protégé's parent/teacher conference (ask parent for permission).

Service

Volunteer somewhere you can help others (soup kitchen, elderly home, church, etc.)
Buy groceries for someone in need and bring them to that person together.
Volunteer at a food bank.
Volunteer together to ring a bell for the Salvation Army or other charity at Christmas time.
Do something together for an elderly friend.
Visit a nursing home and read or sing to the residents. Ask them about their lives.
Volunteer with the Humane Society.
Visit a friend in the hospital.

Cooking

Make breakfast together in the evening.
Plan dinner, purchase groceries, and make dinner together (teach cooking skills).
Make a thin layer of Jell-O and carve it into letters, numbers, figures, etc.
Roast marshmallows with toothpicks over a flame of a candle.
Learn to read a recipe and make a new dish.
Squeeze fresh orange juice.
Roast pumpkin seeds in the oven.
Make pancakes from scratch.
Bake and frost cutout cookies.
Make s'mores together.
Make homemade pizza together.
Make a fondue meal or desert.
Learn to make homemade root beer or ice cream.
Invite your protégé and parent to dinner with you and your spouse.

Spiritual

Read a bible passage together and discuss what you have read.
Read the first chapter of Genesis and explain creation.
Do a devotional book/bible study together.
Memorize a scripture verse together and talk about why scripture

memorization is important.
Keep a weekly prayer journal together.
Explain the Ten Commandments in terms your protégé can understand.
Share your personal testimony of how you became a Christian.
Meditate and pray together.
Read one of the gospels together and talk about what Jesus was like.
Ask your student for specific needs in their life they would like you to pray about regularly.
Talk about the difference between God's ways and the world's ways.
Discuss the Sermon on the Mount teachings – Matt. 5-7.

Out-door Recreation

Go fishing together!
Go for a bike ride together along the river or through the neighborhood.
Have a picnic at the park.
Go to the zoo (pick out your personal favorite animals).
Go to a Frisbee golf course in and play Frisbee golf.
Make a bug cage and catch bugs together.
Go on a weekend camping trip together.
Climb a tree together.
Make giant soap bubbles.
Take your protégé to an athletic event at the high school he/she will attend.
Make snow angels.
Attend or enter a parade.
Get a book of animal tracks and explore a pond or trail together to see what animals live in the area.
Feed the birds.
Go on a camera scavenger hunt together. Make a list of things you want to take pictures of before the hunt.
Train together and participate in a running race.
Visit a farm and milk a cow.
Teach your pet a new trick.
Learn to identify three constellations.
Rent a bicycle built for two.
Go ice-skating or roller-skating.
Go tubing or sledding down a hill.
Hit golf balls at the driving range.
Have a snowball fight.
Go see a professional sporting event.
Jog a mile together at the park.
Take your dog for a walk at the park together.
Go sledding.
Build a fort.

In-door Recreation

Bring your child along to a family party or event.
Play around on the internet (look up different topics of interest).
Have your protégé help you clean your house, do yard work, or clean your garage.
Go to a bookstore or music store and walk around (hang out in the kids section).
Browse through a magazine on your protégé's favorite subject (fishing, toys, basketball, etc.).
Go to the YMCA and try a new activity each time you visit.
Go through one of your old picture albums (show them your disco outfits).
Take your child to lunch during school (get permission from the parents first).
Go on a day trip to a nearby city.
Go to a museum.
Let your protégé pick out a movie and watch it together (go to a

drive in movie).
Teach your protégé how to play a game (chess, backgammon, hearts, spades).
Go to a local concert, play, or show together.
Go bowling together.
Watch a sports game on TV together.
Go shopping at a secondhand store for dress-up clothes.
Learn a simple magic trick to amaze him or her and their friends.
Go for a walk through a hardware store and explain the functions of various tools.
Run errands together.
Tell him/her to stories about you when you were his/her age.
Explore the attic together.
Look through a clothing catalog and ask what he/she likes and doesn't like.
Start a coin or stamp collection.
Look through a book of house plans and help him/her pick out a dream home.
Use a magnifying glass together to examine all kinds of little things.
Invite someone who has lived in a foreign country over for dinner to talk about life in that country.
Make a tent using blankets stretched over chairs.
Tape-record your protégé reading their favorite author.
Tour the state capital. Visit the state legislature in session.
Take him/her to a photo darkroom and see how negatives and prints are made.
Visit the state legislature when it is in session.
Write to the President and ask him for a photo.
Build a house of cards together.
Have a carpet picnic on the living room floor and watch a movie.
Visit a music store and learn about different types of instruments.
Play Uno or Skipbo together.
Have a monopoly tournament, try and let your young friends buy Park Place and Board Walk.
Make a CD of your protégé's favorite music.
Walk around at a boat show, car, sporting show, home and garden show, or other convention.
Sit at the mall, in a park, or at a local university and people watch.
Visit a coffee shop to sip hot chocolate or soda while playing chess, checkers or another game.
Read a classic book together and discuss its meaning.
Bring your protégé as a guest to a wedding of a friend or family member (usually works best with girls).

Other

Surprise your protégé by celebrating his/her birthday.
Start a tradition together (Christmas, Easter, end of school, etc.)
Talk about your worst experience and best experience of the day.
Help your protégé make a list of all the people who love him/her.
Set up a roadside lemonade stand or similar business.
Write a poem about him/her and read it on a special occasion.
Attend your protégé's play, performance, or sporting event.
Encourage your protégé to admire professional athletes who are worthy of admiration on and off the field.
Make a timeline of your protégé's life together (share your personal timeline).
Have your child make a list of all the things they like about themselves, save it!
Volunteer to visit his/her class to tell students about your profession.
Use a book of names to find the meaning of his/her name and those of family members and friends.
Write a letter to your protégé on the anniversary of your match telling what you've noticed about him/her over last year.